

SASHIMI

49.95 SALMON TUNA SASHIMI
29.95 HAMACHI SASHIMI
19.95 ASSORTED SASHIMI
13.95 SALMON TORO SASHIMI
14.95 TUNA TORO SASHIMI
17.95 TUNA SASHIMI (RED)

SUSHI

SUSHI COMBINATION
Chef's selections, no substitutions
INDIVIDUAL PIECES:

2.95 AMAEBI / sweet shrimp
1.00 AVOCADO
2.50 CHIPPED SCALLOP / with tobiko & mayo
1.95 EBI / cooked shrimp
2.95 HAMACHI / yellowtail
1.95 HIRAME / flounder
2.50 HOTATEGAI / scallop
1.95 HOKKIGAI / surf clam
1.95 IKA / squid
2.50 IKURA / salmon roe
1.50 INARI / bean curd
1.95 KANI / crab meat
2.25 SHIRO MAGURO / tuna fish
1.95 MAGURO / albacore tuna
2.75 AKA MAGURO / red tuna
2.75 MAGURO TORO / fatty tuna
1.85 MASAGO / smelt fish roe

MAKI & ROLL

*change to inside-out add 0.50 *add spicy sauce 0.50 *hand rolls available on most items

3.50 TUNA MAKI
3.50 CHOPPED SCALLOP ROLL / scallop, tobiko, mayo
4.95 CALIFORNIA ROLL / crab meat, avocado, cucumber, masago, tobiko, mayo, sesame seeds
4.50 SMOKED SALMON MAKI
4.50 NEGI HAMACHI MAKI / yellow tail, green onions
4.50 NEGI TORO MAKI / tuna, green onions
2.95 TAMAGO MAKI / egg omelet
4.50 UNAKYU MAKI / eel, cucumber, sesame seeds
9.95 FUTO MAKI / crab meat, tamago, cucumber, pickled radish, sesame seeds
6.50 BAKUDAN MAKI / tuna, tempura crumbs, spicy sauce
6.50 KAMIKAZE ROLL / salmon, tobiko, tempura crumbs, mayo, spicy sauce
6.95 CHOPPED HOKKIGAI ROLL
chopped hokkigai, avocado, tobiko, mayo, tempura crumbs

SPECIAL ROLL

10.95 T.N.T / California roll topped with deep fried shrimp, masago, sesame seeds, drizzled with special sauce
10.95 CATERPILLAR / eel, cucumber wrapped with avocado and special sauce
10.95 DOUBLE DOUBLE / deep fried shrimp topped with cooked shrimp, avocado, sesame seeds and special sauce
7.50 CALAMARI / deep fried squid, crab meat, cucumber, avocado, sesame seeds and mayo
9.95 CHEEZY DRAGON
deep fried shrimp, cream cheese, crab meat, topped with eel, avocado, sesame seeds and special sauce
9.95 SPICY TUNA TEMPURA
lightly battered and deep fried spicy tuna and tempura crumbs and special sauce
5.95 CRUNCH / deep fried shrimp topped with tempura crumbs and special sauce
9.95 DYNAMITE / deep fried shrimp, avocado, cucumber, tobiko, seaweed, mayo, sesame and special sauce
10.95 SPIDER / soft shell crab, avocado, cucumber, tobiko, seaweed, mayo, sesame and special sauce
11.95 ALASKA
cooked shrimp, egg omelet, cucumber, avocado topped with salmon tempura, cheese powder and special sauce
7.95 BABE / ton katso, cucumber, seaweed topped with tempura crumbs and special sauce
7.95 LAS VEGAS
chopped scallop, cucumber, avocado, mayo topped with masago tempura crumbs and special sauce
8.95 GOLDEN CRUNCH
salmon, avocado, tonkatsu, tempura crumbs, mayo topped with special sauce

4.95 BC / bony salmon skin, cucumber, green onion and sesame seeds with special sauce
7.95 PHILADELPHIA / smoked salmon, avocado, cucumber, cream cheese and sesame seeds
6.50 CHICKEN TERIYAKI ROLL
chicken teriyaki, cucumber, seaweed, mayo and sesame seeds
6.50 BEEF TERIYAKI ROLL / beef teriyaki, cucumber, seaweed and sesame seeds
9.95 SEXY AND CITY
increased deep fried crab meat, green onion, mussel, tobiko drizzled with special sauce
13.95 ROCKY MOUNTAIN
deep fried soft shell crab, avocado, cucumber, topped cheese powder, sesame seeds, masago and special sauce
11.95 MAJU / crab meat, avocado topped with tobiko, tuna, deep fried tempura and special sauce
10.95 RAINBOW / crab meat, tobiko, avocado, cucumber, mayo wrapped with assorted fish and sesame seeds
10.50 HAWAIIAN / avocado, cucumber topped with red tuna and avocado
11.95 MASTER / spicy chopped scallop, cucumber, mayo topped with baked scallop, masago and sesame seeds
9.11 911 / crab meat, avocado, cucumber topped with spicy tuna and chili sauce
11.95 ROCK AND ROLL
deep fried shrimp, cucumber topped with spicy tuna, cream cheese, tempura crumbs and special sauce
10.50 MANGO FRY
lightly battered and deep fried mango, cucumber, avocado, smoked salmon, cooked shrimp, tobiko drizzled with special sauce, tobiko and sesame seeds
10.95 MANGO PARADISE
crab meat and avocado roll wrapped with smoked salmon and mango, tobiko and special sauce
6.95 CALLI MANGO / California roll with slices of mango inside
9.95 WHITE / GREEN DYNAMITE / dynamite roll wrapped with your choice of radish or cucumber crepe
9.95 WHITE / GREEN SPIDER / spider roll wrapped with your choice of radish or cucumber crepe
9.95 KAWASAKI
bony salmon skin, seaweed, shiso leaf, yamagobo, cucumber, avocado, green onions and bonito flakes wrapped with a radish crepe
9.95 SHIRO UNAGI
unagi tempura, cucumber, shiso leaf, yamagobo, and green onions wrapped with a radish crepe
9.95 HOUSE HOLE / salmon, tuna, scallop, white fish, avocado, seaweed, grilled salmon skin, tobiko, and mayo
9.95 WHITE ROLL
salmon, tuna, scallop, white fish, avocado, seaweed, tobiko, masago, green onion, and mayo wrapped with a radish crepe
10.95 CHERRY BLOSSOM / chopped scallop roll topped with red tuna and salmon
9.95 TIGER / cucumber, avocado roll topped with cooked shrimp, sesame seeds and special sauce
7.50 SPICY CHICK / chicken katsu, red pepper, cucumber, seaweed, sesame seeds and spicy sauce
8.95 HOT GAI
chopped scallop, hokkigai, cooked shrimp, crab meat, cucumber, avocado, tobiko, mayo and spicy sauce

HOUSE SPECIAL ROLL

12.95 SNOW CORN
crab meat, avocado, cucumber, pickled radish topped with shrimp, and house special sauce
14.50 VOLCANO
crab meat, avocado, cucumber, masago topped with octopus, tempura crumbs and special sauce
14.95 LOVE LOVE
crab meat, avocado, cucumber topped with salmon, spicy tuna, tempura crumbs, masago and house special sauce
14.95 GRAND CANYON
crab meat, avocado, cucumber topped with deep fried salmon, chopped eel, tempura crumbs, masago and special sauce

VEGGIE MAKI & ROLL

2.95 AVOCADO MAKI
3.50 KAMPYO MAKI / pickled squash
3.50 SHITAKE MAKI / Japanese mushroom
3.95 SPINACH ROLL / spinach with sesame sauce
4.95 A.A.C ROLL / asparagus, avocado, cucumber
6.95 YEGI FUTO MAKI / avocado, cucumber, shiitake, oshiko, lampyo, seaweed
5.95 YAM TEMPURA ROLL / yam tempura, cucumber, seaweed and sesame seeds
5.95 VEGGIE KAMAKAZE / chopped cucumber, pickled radish, avocado, tempura crumbs, mayo and spicy sauce
6.95 YAKI YASAI / grilled red pepper, zucchini, asparagus with tempura crumbs and sesame seeds
3.95 A.C ROLL / avocado, cucumber

COMBINATION

18.95 KENKO COMBO / 10 omaki roll, 12 baidan maki, and 8 pcs of nigiri sushi
16.95 CALIFORNIA COMBO / California roll and 8 pcs of nigiri sushi
22.95 DOUBLE COMBO / double double roll and 8 pcs of nigiri sushi
13.95 SPICY COMBO / spicy California roll, spicy salmon maki, spicy chopped hokkigai roll
5 / 29.95, M / 49.95, L / 69.95, XL / 89.95
5 / 35.95, M / 59.95, L / 79.95, XL / 99.95
M / 29.95, L / 49.95

HOUSE SPECIAL ROLL

12.95 SNOW CORN
crab meat, avocado, cucumber, pickled radish topped with shrimp, and house special sauce
14.50 VOLCANO
crab meat, avocado, cucumber, masago topped with octopus, tempura crumbs and special sauce
14.95 LOVE LOVE
crab meat, avocado, cucumber topped with salmon, spicy tuna, tempura crumbs, masago and house special sauce
14.95 GRAND CANYON
crab meat, avocado, cucumber topped with deep fried salmon, chopped eel, tempura crumbs, masago and special sauce

VEGGIE MAKI & ROLL

2.95 AVOCADO MAKI
3.50 KAMPYO MAKI / pickled squash
3.50 SHITAKE MAKI / Japanese mushroom
3.95 SPINACH ROLL / spinach with sesame sauce
4.95 A.A.C ROLL / asparagus, avocado, cucumber
6.95 YEGI FUTO MAKI / avocado, cucumber, shiitake, oshiko, lampyo, seaweed
5.95 YAM TEMPURA ROLL / yam tempura, cucumber, seaweed and sesame seeds
5.95 VEGGIE KAMAKAZE / chopped cucumber, pickled radish, avocado, tempura crumbs, mayo and spicy sauce
6.95 YAKI YASAI / grilled red pepper, zucchini, asparagus with tempura crumbs and sesame seeds
3.95 A.C ROLL / avocado, cucumber

COMBINATION

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M / 29.95, L / 49.95

DINNER COMBINATION

all dinner served with miso soup and salad.

22.95 SASHIMI & SUSHI / assorted sashimi, nigiri sushi and 6 pcs maki
23.95 SUSHI, SPECIAL ROLL & TEMPURA
assorted nigiri sushi, today's special roll and assorted tempura
HOUSE SPECIAL ROLL & TEMPURA
today's house special roll and assorted tempura
20.95 SASHIMI & TEMPURA / assorted sashimi, assorted tempura and 6 pcs maki
21.95 CHICKEN TERIYAKI & TEMPURA / chicken teriyaki, assorted tempura and rice
20.95 BEEF TERIYAKI & TEMPURA / beef teriyaki, assorted tempura and rice
19.95 SALMON TERIYAKI & TEMPURA / salmon teriyaki, assorted tempura and rice
19.95 VEGETARIAN BOAT / assorted vegetable nigiri sushi, vegetable, futo maki, and vegetable tempura
19.95 KENKO BOAT
assorted sashimi and nigiri sushi, love love roll, yakitori, assorted tempura and dessert (for two) 54.95

KENKO LUNCH SPECIAL am 11:30 - pm 2:30

BENTO SPECIAL

All bento served with salad, tempura, edamame and miso soup

14.95 CHEF SPECIAL BENTO
14.95 SUSHI & SASHIMI BENTO / assorted sashimi, assorted sushi
13.95 SASHIMI BENTO / assorted sashimi, 6 pcs maki
12.95 SUSHI BENTO / assorted sushi, 6 pcs maki
11.95 MAKI BENTO / 6 pcs California roll, 6 pcs tuna maki
11.95 CHICKEN KARA-AGE BENTO / chicken kara-age and inari
11.95 VEGGIE BENTO / veggie futo maki, inari and croquette
11.95 T.N.T BENTO / 1/2 L.N.T roll, 1/2 California roll
12.50 SNOW CORN BENTO / 1/2 snow corn roll, 1/2 California roll
13.50 VOLCANO BENTO / 1/2 volcano roll, 1/2 California roll
13.50 LOVE LOVE BENTO / 1/2 love love roll, 1/2 California roll
13.95 GRANDCANYON BENTO / 1/2 grand canyon roll, 1/2 California roll

DONBURI SPECIAL

8.95 KATSUDON / katsu, vegetable, egg with sauce on rice, choice of chicken or pork
8.95 TENDON / assorted tempura and vegetable with sauce in rice
8.95 OYAKODON / diced chicken, vegetable and egg with sauce on rice
12.95 UMADON / 8.8 oz eel with sauce on rice
12.95 CHIRASHI / assorted sashimi on sushi rice
8.95 GYUDON / beef, veggie and egg with sauce on rice
10.95 SAKEDON / salmon sashimi on sushi rice
10.95 TEKKADON / tuna sashimi on sushi rice

NOODLE SPECIAL

7.95 YAKIUDON / Japanese thick noodle stir-fry with veggie
8.95 pork
8.95 beef
8.95 chicken
10.50 seafood
8.95 JARU SOBA / buckwheat noodle and condiments with cold sauce
8.95 TEMPURA UDON / Japanese thick noodle in soup with tempura
9.50 KENKO SPECIAL UDON
Japanese thick noodle with chicken, egg and veggie in soup with shrimp tempura



COLD APPETIZERS

FRESH OYSTERS golden mantle, from west coast, served in a half shell with grated daikon and green onions in citrus soya sauce	12 dozen / 10.95
KENKO GARDEN SALAD / mixed greens and herbs with house salad dressing	5.95
SUNOMONO SALAD japanese search noodles, pickled cucumbers, and your choice of shrimp, crabmeat, octopus, avocado, in a rice vinegar dressing	4.95, deluxe / 6.95
SASHIMI SALAD / mixed greens, fruits and assorted sashimi with house salad dressing	11.95
WAKAMAE SALAD / mixed seaweed salad	4.95
TATAKI SALAD mixed greens, fruits and seared tuna with house salad dressing and creamy sesame sauce	11.95
SALAD ROLL red tuna, scallop, oshi stick, mango, kiwami, granite, ahi rice noodles wrapped in a nori/uramaki served with citrus soya sauce	7.95
GOMA AE / baked spaghetti in a sesame dressing	4.95
TUNA GOMA AE / tuna, avocado, asparagus and baked spaghetti in a sesame dressing	8.95
EDAMAME / baked soy beans sprinkled with salt	3.50
TAKO KIMCHI / cooked octopus and cucumber in a spicy kimchi sauce	6.95
BEEF TATAKI / seared beef, green bell pepper, onion and sesame sauce served with citrus soya sauce	9.95
TUNA TATAKI seared tuna and onion served with citrus soya sauce	11.95
NEW STYLE SASHIMI grape, sesame seeds, green onions and garlic, seared with hot olive oil and soya sauce	15.95
salmon or tuna	15.95
salmon and tuna	16.95
assorted fish	17.95
red tuna	17.95

HOT APPETIZERS

CREAMY SPICY TEMPURA tempura, mango and green onions tossed with creamy spicy sauce and massage	10.95
T.N.T TEMPURA tempura drizzled with our special T.N.T sauce, topped with massage and sesame seeds	10.95
KAKI FRY / deep fried bread oysters breaded in panko	7.95
KUSHI YAKI 3 skewers with green pepper grilled in a teriyaki sauce	5.95
chicken	8.95
prawns	8.95
seafoods	8.95
YAKI IKA / grilled cuttlefish marinated in ginger soya sauce	8.95
MOTOYAKI spinach, mushroom and your choice of oyster, scallop, prawn & scallop, on a half shell with miso mayo	6.95
HAMAGI KAMA / grilled seasoned yellowtail collar	m/p
SOFT SHELL CRAB / deep fried soft shell crab served with citrus soya sauce and longarshi	6.95
CHICKEN KARA AGE / deep fried marinated chicken in ginger soya sauce	3.95
AGEDASHI TORI / deep fried tolu with grated daikon, ginger and green onions served with tepara sauce	4.95
GYOZA / pan fried pork and vegetable dumplings served with soya vinegarete	4.95
SUSHI PIZZA tempura sushi rice topped with fresh salmon, chopped scallop, mayo, tobiko, 8.8.0 red sauce, chopped cucumber, sesame seeds.	6.95

SOUP & NOODLES

MISO SOUP / soya bean paste soup with tolu, seaweed, and green onion	1.95
TEMPURA UDON / japanese thick noodles with vegetables in soup served with assorted tempura	9.95
KENKO SPECIAL UDON japanese thick noodles with chicken, egg and vegetables in soup served with shrimp tempura	10.95
JARU SOBA / buck wheat noodles with condiments served with cold sweet soy	9.95
YAKI UDON / stir fried japanese thick noodles with chicken and vegetables in a spicy yakudon sauce	9.95

TEMPURA

lightly battered and deep fried crispy tempura served with tempura sauce	
ASSORTED / shrimp, fish and vegetables	9.95 YAM
SEAFOOD / shrimp, scallop and fish	10.95 VEGETABLE
SHRIMP	9.95 SHITAKE MUSHROOM
SQUID	10.95

ENTREE

CHICKEN TERIYAKI / grilled chicken and vegetables in teriyaki sauce	9.95
SALMON TERIYAKI / glazed salmon and vegetables in teriyaki sauce	10.95
CHICKEN KATSU / deep fried breaded chicken with sauce on the side, served with garden salad	8.95
TON KATSU / deep fried breaded pork with sauce on the side, served with garden salad	8.95



Life
Passion
Creative



KENKO has meaning of health in Japanese. We use fresh vegetable and fish, with utmost sincerity for appetite of each customer. Every menu is available for take-outs. Just order on phone and the menu will be ready for you.

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